

# ANTIDEPRESSANTS

	MECHANISM OF ACTION	SIDE EFFECTS	DRUG INTERACTIONS	OTHER POINTS
<b>TRICYCLIC ANTIDEPRESSANTS</b> <b>Tertiary amines</b> <b>Secondary amines</b> Imipramine                      -----> Despiramine Amitriptyline                      -----> Nortriptyline Trimipramine                      -----> Protrityline Clomipramine Doxepine	<ul style="list-style-type: none"> <li>Blocks the neuronal uptake of the biogenic amines 5-HT and/or NA               <ul style="list-style-type: none"> <li>3° amines preferentially block 5-HT uptake</li> <li>2° amines preferentially block NE uptake</li> <li>DOUBTS WITH THIS MECHANISM</li> </ul> </li> <li>Down-regulation of 5-HT receptors in the brain</li> </ul>	In general, SEs for tertiary > secondary TCAs <ul style="list-style-type: none"> <li><u>Anticholinergic, muscarinic blockade</u>: constipation, blurred vision, dry mouth, drowsiness</li> <li><u>α<sub>1</sub> receptor blockade</u>: dizziness, orthostatic hypotension, reflex tachycardia, drowsiness</li> <li><u>H<sub>1</sub>, ACh &amp; adrenergic antagonism</u>: sedation</li> <li><u>Overdose</u>: blockade of Na channels = hyperpyrexia, arrhythmias, hypertension, delirium, seizures, and coma</li> <li>Conversion to (hypo)mania</li> </ul>	<ul style="list-style-type: none"> <li>MAOI</li> <li>Guathenidine</li> <li>Clonidine</li> <li>Adrenergics</li> <li>CNS depressants</li> <li>Agents that bind plasma protein</li> </ul>	<ul style="list-style-type: none"> <li>TCAs do not elevate mood in normal subjects</li> <li>Not reinforcing = not drugs of abuse</li> </ul>
<b>SELECTIVE SEROTONIN RECEPTOR INHIBITORS (SSRIs)</b> <ul style="list-style-type: none"> <li>Fluoxetine</li> <li>Fluvoxamine</li> <li>Paroxetine</li> <li>Sertraline</li> <li>Citalopram</li> <li>Escitalopram</li> </ul>	<ul style="list-style-type: none"> <li>Selective in blocking the neuronal uptake of 5-HT preferentially in the somatodendritic area of serotonin neurons</li> <li>Increased 5-HT in the somatodendritic area of the 5-HT neuron → 5-HT<sub>1A</sub> receptor down-regulation → more 5-HT neuron impulses (spike activity) → more 5-HT release from axon terminals</li> </ul>	<ul style="list-style-type: none"> <li>Generally, SSRIs are better tolerated than TCAs               <ul style="list-style-type: none"> <li>&lt;&lt; anticholinergics, sedation and dizziness</li> <li>&gt;&gt; insomnia, anxiety, agitation</li> </ul> </li> <li>GI distress: constipation, diarrhea</li> <li>Sexual dysfunction</li> </ul>	<ul style="list-style-type: none"> <li>MAOI</li> <li>CNS depressants</li> <li>Other antidepressants (serotonin syndrome)</li> </ul>	<ul style="list-style-type: none"> <li>25-30% of depressed patients treated with TCA do not respond               <ul style="list-style-type: none"> <li>Of these, 60-65% respond to SSRI</li> <li>Converse is also true</li> </ul> </li> </ul>
<b>5-HT<sub>1A</sub>, NA (and DA) REUPTAKE BLOCKERS (SNRI)</b> <ul style="list-style-type: none"> <li>Desvenlafaxine</li> <li>Venlafaxine</li> <li>Duloxetine</li> <li>Levomilnacipran*</li> </ul>	<ul style="list-style-type: none"> <li>Inhibits reuptake of 5-HT, NA (dose-dependent)               <ul style="list-style-type: none"> <li>Low-doses: SSRI</li> <li>Medium doses: NA uptake blocked</li> <li>Higher doses: similar to bupropion</li> </ul> </li> <li>Weak, if any, cholinergic or H<sub>1</sub> receptor blockade</li> </ul>	<ul style="list-style-type: none"> <li>Nausea</li> <li>Drowsiness</li> <li>Dizziness</li> <li>HTN (at higher doses)</li> <li>Sexual dysfunction</li> <li>Headache</li> <li>Anxiety</li> </ul>	<ul style="list-style-type: none"> <li>Duloxetine should not be co-administered with drugs that potentially inhibit CYP1A2 (cimetidine, ticlopidine, ciprofloxacin)</li> </ul>	<ul style="list-style-type: none"> <li>LEVOMILNACIPRAN: exerts more balanced reuptake inhibitory action of 5-HT &amp; NE               <ul style="list-style-type: none"> <li>SEs: nausea, dry mouth, constipation, hyperhidrosis, headache, dizziness, tachycardia, insomnia, erectile dysfunction</li> </ul> </li> </ul>
<b>NA and DA REUPTAKE INHIBITORS (NDRIs):</b> <ul style="list-style-type: none"> <li>Bupropion</li> </ul>	<ul style="list-style-type: none"> <li>Blocks NE and DA re-uptake               <ul style="list-style-type: none"> <li>Blockade of DA uptake &gt; NE uptake</li> </ul> </li> <li>Metabolite more potent in blocking NE reuptake than parent compound</li> </ul>	<ul style="list-style-type: none"> <li>In general, fewer SEs than TCAs or SSRIs</li> <li>Insomnia, CNS stimulation, headache, nausea, seizures</li> <li>Less sexual dysfunction compared with SSRIs</li> <li>Only marginal weight gain, orthostatic hypotension</li> </ul>		
<b>5-HT<sub>2A</sub> ANTAGONIST &amp; 5-HT REUPTAKE INHIBITOR (SARIs)</b> <ul style="list-style-type: none"> <li>Trazodone</li> </ul>	<ul style="list-style-type: none"> <li>Potent blocker of 5-HT<sub>2A</sub> receptors               <ul style="list-style-type: none"> <li>Reduces anxiety, insomnia and myoclonus</li> </ul> </li> <li>Moderate 5-HT receptor blockade, but less than TCAs or SSRIs</li> <li>Also blocks α and H<sub>1</sub> receptors</li> <li>Little or no ability to block NE reuptake</li> </ul>	<ul style="list-style-type: none"> <li>Orthostatic hypotension</li> <li>Sedation</li> </ul>		
<b>5-HT MODULATOR &amp; STIMULATOR</b> <ul style="list-style-type: none"> <li>Vortioxetine</li> </ul>	<ul style="list-style-type: none"> <li>Inhibits 5-HT reuptake</li> <li>5-HT<sub>1B</sub> partial agonist</li> <li>5-HT<sub>3</sub>, 5-HT<sub>7</sub> &amp; 5-HT<sub>1D</sub> antagonist</li> </ul>	<ul style="list-style-type: none"> <li>Nausea</li> <li>Headache</li> <li>Dizziness</li> <li>Dry mouth</li> <li>Increased nasopharyngitis</li> </ul>	<ul style="list-style-type: none"> <li>Use in caution with CYP2D6 inhibitors (bupropion, paroxetine, fluoxetine)</li> </ul>	
<b>NA and SPECIFIC 5-HT ANTAGONIST (NaSSAs)</b> <ul style="list-style-type: none"> <li>Mirtazapine</li> </ul>	<ul style="list-style-type: none"> <li>α<sub>2</sub> antagonism at:               <ul style="list-style-type: none"> <li>Presynaptic α<sub>2</sub> autoreceptors on NE neurons = enhances NE transmission</li> <li>Presynaptic α<sub>2</sub> heteroreceptors on 5-HT neurons = enhances 5-HT transmission</li> </ul> </li> </ul>	MOA → RX AND SIDE EFFECTS: <ul style="list-style-type: none"> <li>5-HT<sub>2A</sub> antagonism: anxiolytic action, sedation, ↓ sexual dysfunction</li> <li>5-HT<sub>2C</sub> antagonism: anxiolytic action, weight gain</li> <li>5-HT<sub>3</sub> antagonism: no nausea</li> <li>H<sub>1</sub> antagonism: weight gain, sedation</li> </ul>		<ul style="list-style-type: none"> <li>May enhance sedative effects of BZDs, alcohol</li> <li>Relatively safe drug, few drug interactions</li> <li>Does not cause serotonin syndrome</li> <li>No significant effects on CV system even at high doses</li> </ul>
<b>MONOAMINE OXIDASE INHIBITORS (MAOIs)</b> <ul style="list-style-type: none"> <li>Tranylcypromine</li> <li>Isocarboxadize</li> </ul>	<ul style="list-style-type: none"> <li>Irreversible, non-selective inhibitors of MAO</li> <li>Two weeks required for enzyme to regenerate               <ul style="list-style-type: none"> <li><u>Acute</u>: enhancement of biogenic amine transmission</li> <li><u>Chronically</u>: down-regulate 5-HT, NE and DA receptors</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Orthostatic hypotension</li> <li>Sexual dysfunction</li> <li>Weight gain</li> </ul>	<ul style="list-style-type: none"> <li><u>Serotonin syndrome</u> with any agent that blocks 5-HT uptake (= hyperpyrexia, hyperexcitability, motor restlessness, coma, death)</li> <li><u>Hypertensive crisis</u> with any tyramine-containing foods &amp; beverages (=N, V, HA, palpitations, cerebral hemorrhage, death)</li> </ul>	<ul style="list-style-type: none"> <li><b>REVERSIBLE MAO<sub>A</sub> INHIBITOR (RIMAs):</b> Meclobemide               <ul style="list-style-type: none"> <li>In presence of RIMA, accumulation of NE caused by tyramine can displace RIMA off MAO = MAO can now catabolize NE &amp; prevent accumulation</li> <li>Less potential for "tyramine" interaction</li> <li>Less potential for serotonin syndrome??</li> </ul> </li> </ul>